

FIRST SUNDAY OF LENT

The Clodis were a rich and noble family who lived in a third-century Rome during the reign of Emperor Diocletian. The family, like their ancestors, secretly professed the Christian faith at a time when most of the upper classes were still pagan and Christians were persecuted.

Agnes, the only child was very beautiful. At a marriageable age, she was easily the object of any young man's desire. But like her parents, Agnes was a fervent Christian, having consecrated her life to Jesus. The son of the prefect of Rome was struck by her beauty and wanted to marry her. Agnes refused. Because people could not understand her refusal, she professed her Christian faith. Brought to trial, Agnes was urged to take the easy way out: renounce her faith, marry the prefect's son and escape death.

Agnes, however, remained firm. She chose to not betray her faith in Christ and renounce her vow. For this she was sentenced by the prefect to walk the streets of Rome naked and later to be burned alive.

In today's gospel, Satan tries to tempt Jesus in choosing the easy way out. But Jesus firmly chooses to place Himself in the hands of the Father. Every year on the First Sunday of Lent we read the gospel story of Jesus being tempted by Satan. One of the purposes of that story can be to remind us to say 'NO' to Satan. The story was told in order for us to be reminded not to be surprised if Satan will tempt us also because Jesus was tempted. Remember that the Lord was tempted it shows that there is no moral fault involved in the fact of being tempted. Temptations do not make us bad. They only prove that Satan is not happy with you. The only people Satan does not tempt are those who are already in his camp.

Temptation, is an enticement to evil, seduction to sin and death. The temptation of Jesus in the desert is an example that temptation may lead us to sin. Sin is to say 'no' to God and His ways. But Jesus did not give up His trust and obedience to His Father by not conceding to the proposal of the devil of an easy way.

- Fr. Saju Oreethaparambil, C.Ss.R

Mass for the Intentions of the Week

Monday, March 10 9:00 a.m.

This Jubilee Year our Parish family prays for the intentions of Weir-Gunn family

Leo Didero req Jean Destro
Maria, Jan, Tadeusz and Augustus Zeglinski
req Krystyna Zeglinska
For the repose of the soul of Margaret Vernon

Tuesday, March 11 9:00 a.m.

Rosa and Luigi Sottile req Carmelina
For the repose of the soul of Margaret Vernon

Wednesday, March 12 9:00 a.m.

All souls in purgatory req Benilda Fajardo
For the repose of the soul of Margaret Vernon

Thursday, March 13 9:00 a.m.

In memory of Lily Joseph req Suja and Lukose Mathew
Margaret William req Vinish William and family
For the repose of the soul of Margaret Vernon

Friday, March 14 9:00 a.m.

This Jubilee Year our Parish family prays for the intentions of Marques family and Castillo family

Repose of soul of Carolina Restauri req Anne McInnis
In memory of Norma Aguilar req Flo and family
For the repose of the soul of Margaret Vernon

Saturday, March 15 5:00 p.m.

This Jubilee Year our Parish family prays for the intentions of Coelho family and Gomendes family

In memory of Linus Dominic Ondiano on his birthday
req Don and Anabeth Ondiano
Leo Didero req Joe and Naty deLeon
Maureen Williams req Williams family
In thanksgiving req George family
For the repose of the soul of Margaret Vernon
Intention of John Marques req Perera family

Sunday, March 16 10:00 a.m.

For St. Charles Garnier Parish Community



**STATIONS OF THE CROSS:
AFTER EVERY MASS DURING
LENT**

MEANING OF LENT



March 1/2 , 2025

Sunday Offering	\$2,431.00
Loose Collection	532.00
Building Fund	595.00



*Thank you for your generosity
and continued support to St.
Charles Garnier Parish*

ST. CHARLES JUBILEE CELEBRATIONS

Each day, except Sundays, the Mass will be offered for one family from the parish. By the end of the year, each family will have been included. You may choose the day you would like the Mass intention for your family. There will be sign-up sheets available at the back of the church. We are blessed to receive this gift of a Mass intention for our family and to receive these prayers. We hope each family will attend the Mass that is offered for them.

Thank you to all families who have given their requests for the Jubilee Mass intentions. If you haven't booked your Mass intention yet, please see Donna on or before March 9, 2025. This will be the last reminder.

Bible Verse For This Week

"For where your treasure is, there will your heart be also." – Luke 12:34



HEALING MASS
Wednesday 19th of March
The Solemnity of Saint Joseph,
Patron of Families and Patron of
Canada

6:00 p.m. ADORATION

7:00 p.m. HEALING MASS & ANOINTING WITH HOLY OIL

NOVENA TO ST. JOSEPH BEGINS ON MARCH 10 TO 18TH WITH 9:00 a. m. MASS IN THE MORNING.

Please join us in with your family and friends
"Remembrance of the Just Will Last Forever" (Proverbs 10:7)
SAINT JOSEPH PRAY FOR US

SOUPFEST 2025



Sunday March 30th after 10:00 Mass. Tickets will be available as of March 15th. \$5.00 /ticket. Bowl of soup, crackers, tea or coffee, biscuit.

Do You fast? Give me proof of it by your works. If you see a poor man, take pity on him. If you see a friend begin to be honored, do not envy him. Do not let only your mouth fast but also, the eyes and the ear and the feet and the hands and all the members of our bodies.

Let the hands fast, by being free of avarice. Let the feet fast, by ceasing to run after sin. Let the eyes fast, by disciplining them not to glare at that which is sinful. Let the ear fast, by not listening to even talk and gossip. Let the mouth fast from foul words and unjust criticism. For what good is it if we abstain from birds and fishes,

But bite and devour our brothers and sisters? May He who came to the world to save sinners strengthen us to complete the fast with humility, have mercy on us and save us. (St. John Chrysostom)

5 WAYS TO MAKE LENT MORE SPIRITUAL THIS YEAR

Lent, the Christian season of reflection and renewal, is an opportunity to step back and take a good, hard, 40-day look at our spiritual lives. Lent helps us grow a deeper awareness of ourselves, our world, and our God. *What should I do this Lent to grow spiritually?* Here are five spiritual touchstones we can all lean on during these days leading up to Easter.

1. **Choose a personal refrain.** Simple words or phrases that can help deepen prayer or meditation. For example, of Scripture like (Psalm46:10) "Be still—*breathe in*—and know—*breathe out*." I repeat this when I'm entering into prayer, if I need to calm down.
2. **Create weekly intentions.** Think of an intention for the week. It may be about thinking simply. Call your parents, take five minutes to sit in silence. Go for a walk. The purpose of weekly intentions is to provide little markers to reflect on each week.
3. **Express gratitude daily:** When I'm grateful, I have little room in my heart for anger or judgment.
4. **Give and receive forgiveness:** Christianity is all about forgiveness—and Lent is the season to celebrate it!
5. **Pray in community:** Finally, Lent is a journey that shouldn't be undertaken alone. Why not for those who are able to come to Holy mass daily? Not to miss Sunday Eucharist on Lord's Day. Join our Lenten study group in our parish. Join and support all other spiritual activities of parish family. Invite a friend to grab a coffee and chat about the things going on in your heart.

VOCATIONS RECOGNITION DINNER 2025

The Serra Club of Hamilton invites you to gather on Wednesday, April 30, 2025 at Liuna Station to celebrate the service of our Priests, Religious Brothers and Sisters, Permanent Deacons and Consecrated Virgins Living in the World. Doors open at 6:00pm. Tickets are \$90 per person. Please contact serrahamilton1965@gmail.com for tickets and more information. Co-sponsored by the Vocations Office of the Diocese of Hamilton.