

SIXTH SUNDAY IN ORDINARY TIME

Two sinners visited a holy man and asked his advice. "We have done wrong," they said, "And our consciences are troubled. What must we do to be forgiven?" "Tell me of your wrongdoing, my sons," said the holy man. The first man said, "I committed a great and grievous sin." The second man said: "I have done some small things, nothing much to worry about." "Okay, go and bring me a stone for each sin," said the holy man. The first man came back with a BIG STONE. The second man brought a bag of small stones. "Now", said the holy man, "Go and put them back where you found them." The first man lifted the rock and struggled back to the place where he had gotten it. The second man could not remember where half of the stones belonged, so he gave up, it was too much work. "Sins are like these stones," said the holy man. "If a man commits a great sin, it is like a heavy stone on his conscience, but with true sorrow, it is removed completely. But the man, who is constantly committing small sins which he knows to be wrong, gets hardened to them and feels no sorrow. So, he remains a sinner," continued the holy man. "So, you see my sons, it is important to avoid little sins as well as big ones. Big sins and little sins are the same. They are still sins. Jesus clearly teaches us that sins are committed in the human mind if one has the definite intention of doing wrong even if the decision is not acted on. If we hate someone so bitterly that we want to kill him or her, Jesus says that we are guilty of murder – it is called murder by intention. It is the same with adultery. Even if you say that you are never been unfaithful to your wife if you lust for another in your heart, you are still committing the sin though it is in the heart. It is because as it is stated in the penitential rite of the Mass: "...that I have sinned through my own fault. In my thoughts and in my words, in what I have done and in what I have failed to do." So, it is very clear. In the Bible, the heart is not just the seat of man's affections and emotions: it stands for the entire person. It is where a person's personality and activity emanate. "It is from within, from men's hearts," Jesus declares, "those evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride and folly. All these evil things come from within and make a man unclean," (Mark 7:21-23). What is the meaning of sin? According to the Catholic catechism, "it is an offense against or disobedience to God's commandments; preferring to do our will rather than the will of God."

But for me, the best definition of sin is a rejection of the unconditional love of God for us.

(Fr. Saju Oreethaparambil, C.Ss.R)

Mass for the Intentions Week

Monday, February 16 9:00 a.m.

Helen Osmena req Leilani
 In memory of Herminia dela Cruz req Ruby Benitez
 Lisa and Kenneth Man req Irene and Antony Man
 Eva Smith req Theresa Didero and John Cancian
 All souls in purgatory req Benilda Fajardo

Tuesday, February 17 9:00 a.m.

Intentions of Leilani Yotingco req Rod Yotingco
 Birthday blessings for Francis Fabro req Macrina Fabro
 In memory of Herminia dela Cruz req Ruby Benitez
 Lavino Marques req John, Charlotte and Christabelle

Wednesday, February 18 12:15 p.m. and 7:00 p.m.

NO MORNING MASS

ASH WEDNESDAY

Stanislawa and Josef Bakowski req Krystyna Zeglinska
 In memory of Manuel Go req Ruby Benitez and family

Thursday, February 19 9:00 a.m.

Birthday Thanksgiving for Lukose Mathew req Mathew family
 In memory of Manuel Go req Ruby Benitez and family
 Birthday blessings and intentions of Raul Rimando req Banzon family

Friday, February 20 9:00 a.m.

In memory of Manuel Go req Ruby Benitez and family
 Mario Silveira req John, Charlotte and Christabelle Marques
 Kathy Sherk req Jackie Sherk

Saturday, February 21 5:00 p.m.

In memory of Manuel Go req Ruby Benitez and family
 Intentions of Irene and Antony req family
 Benny Hernandez req Teresa Tan
 Souls of ancestors and all souls in purgatory req Antu
 Estrella Talaue req Tina Talaue

Sunday, February 22 10:00 a.m.

For St. Charles Garnier Parish Community



BIBLE VERSE FOR THIS WEEK

"Let everything that breaths praise the LORD. Praise the LORD."

Psalm 150:6



PARISH SUPPORT

Feb 7/8, 2026

Sunday Offering	\$ 1,139.00
Loose Offering	429.00
Building Fund	285.00

Thank you for your generosity and continued support to St. Charles Garnier Parish.

COMING SOON



Stations of the Cross after every Mass during Lent

ASH WEDNESDAY

February 18, 2026

Day of Fasting and Abstinence

Noon Mass : 12:15 p.m.

Evening Mass : 7:00 p.m.

(NOTE: THERE IS NO 9:00 MORNING MASS)

FIVE WAYS TO MAKE LENT MORE SPIRITUAL THIS YEAR

Lent, the Christian season of reflection and renewal, is an opportunity to step back and take a good, hard, 40-day look at our spiritual lives. Lent helps us grow a deeper awareness of ourselves, our world, and our God. *What should I do this Lent to grow spiritually?* Here are five spiritual touchstones we can all lean on during these days leading up to Easter.

1. **Choose a personal refrain.** Simple words or phrases that can help deepen prayer or meditation. For example, of Scripture like Psalm 46:10 "*Be still—breath in—and know—breath out.*" I repeat this when I'm entering into prayer, if I need to calm down.
2. **Create weekly intentions.** Think of an intention for the week. It may be about thinking simply. Call your parents, take five minutes to sit in silence. Go for a walk. The purpose of weekly intentions is to provide little markers to reflect on each week.

3. **Express gratitude daily:** When I'm grateful, I have little room in my heart for anger or judgment.
4. **Give and receive forgiveness:** Christianity is all about forgiveness—and Lent is the season to celebrate it!
5. **Pray in community:** Finally, Lent is a journey that shouldn't be undertaken alone. Why not for those who are able to come to Holy Mass daily? Not to miss Sunday Eucharist on Lord's Day. Join our Lenten study group in our parish. Join and support all other spiritual activities of parish family. Invite a friend to grab a coffee and chat about the things going on in your heart.

SAINT LUKE: THE STORY OF SALVATION FULFILLED

We have begun our study Bible study for eight weeks on the Gospel of Luke last Tuesday. The first week was well attended and there was a great spirit of peace and joy. If any of you are interested, just come for morning or evening you are welcome to hear the word of God and nourished by grace and blessings.

SCHEDULE

Tuesdays | February 3 – March 24, 2026

Morning Session: 10:00 AM – 12:00 Noon

(after the 9:00 AM Holy Mass)

Evening Session: 6:00 PM – 8:00 PM

Weekly Dates

February 3, 10, 17, 24

March 3, 10, 17, 24, 2026

SOUPFEST



Sunday, March 1, 2026 after the 10:00 Holy Mass

Tickets: \$5.00 per person

Bowl of soup, crackers, tea or coffee, biscuit

Tickets are available after each Holy Mass. Please invite your families and friends.