



## **FOURTEENTH SUNDAY IN ORDINARY TIME**

"Come to me all you who labor and are burdened, and I will give you rest. Take my yoke...for my yoke is easy." This passage is taken from today's gospel.

The image of yoke in the Old Testament (Jer 2:20) referred to the Law of Moses, written or oral. What Jesus was opposing here is the legalistic interpretation by the Pharisees. That is why Jesus said: "Come to me all you who labor and are burdened, and I will give you rest."

What are our burdens? We feel burdensome due to some demands and expectations from others. Like for example: burdens of responsibility that comes with being a parent, a teacher, a manager, and a leader. The burden of being handicapped, sick, widowed and separated. The burden of in looking after others like taking care of a handicapped child, a crippled spouse, and burdens from hard works.

We are all invited by the Lord to take upon ourselves the yoke or the burden of discipleship and to learn from Him. Apart from Him, our endeavors of doing the will of our God the Father is empty. Most of the time we find it hard to follow in his footsteps because we carry our own yoke carved and patterned after this world. We complain to God that it is too heavy. We fail to notice that this is our own choice, not the choice He is offering us. He is assuring us that his yoke is good and light. The one he offers is modeled after his gentleness and humility. We need to put our complete trust in him because he knows what is best for us.

(Fr. Saju Oreethaparambil, C.Ss.R.)

### **PARENTING TIP OF THE MONTH**

The expression "the family that prays together stays together" is one that most people have heard. Popular sayings make sense when we see the truth in them, but this one is backed up by research! When we pray together at home (before meals, before bed, in the morning) and attend Mass, we are connecting on a deep level that helps a family have increased unity. So, enjoy the more relaxed summer days and holidays, but don't let prayer and attending Mass take a holiday because their benefits are a wonderful addition to this great season!

## **Mass for the Intentions Week**

### **Monday, July 6 9:00 a.m.**

Thanksgiving birthday for Lucas Mathew req Mathew family  
In memory of Tomas Labuguen req Ruby Benitez  
Joanne Acosta req Karen and Marwin Acosta

### **Tuesday, July 7 9:00 a.m.**

Thanksgiving birthday for Joseph Mathew req Mathew family  
Phillip Forrester req Julia Vernon

### **Wednesday, July 8 9:00 a.m.**

For the forgotten souls req Pauline Nguyen  
Soul of Egon Willaschek req Felisa Go

### **Thursday, July 9 9:00 a.m.**

Souls in purgatory req Benilda Fajardo  
Thanksgiving for Federico and Felicitas Laderas req Fe Hulog  
Safe travel Helen Maceren and family req Helen

### **Friday, July 10 9:00 a.m.**

Thanksgiving birthday for Cecilia Mathew req Mathew family  
Martina Ferrao req Marques family

### **Saturday, July 11 5:00 p.m.**

Theresa Williams req Williams family  
Josephine Valentine req Tessa Monica

### **Sunday, July 12 10:00 am**

#### **For St. Charles Garnier Parish Community**

### **SANCTUARY LAMP INTENTIONS**



Our Sanctuary Lamp burns continually in the presence of the Blessed Sacrament in our Church. You may dedicate our Sanctuary Lamp to a deceased loved one or for a special intention. We will publish the Sanctuary Lamp Intentions in the bulletin each week. Suggested donation for the Sanctuary Lamp is as follows:

One week - \$ 25.00

One month - \$100.00

Call the parish office to request an intention or for more information.

\*\*\*\*\*

This week the lamps burns for the Special Intentions and healing of HENDRICKSON SY

Req Felisa Go

"THE LIGHT SHINES IN THE DARKNESS AND THE DARKNESS DOES NOT OVERCOME IT." John 1:5



June 27/28, 2026

|                 |            |
|-----------------|------------|
| Sunday Offering | \$2,477.00 |
| Loose Offering  | 308.00     |

Thank you for your generosity and continued support to St. Charles Garnier Parish.

### **ST. CHARLES GARNIER PARISH 60<sup>TH</sup> YEAR**

This year's **JUBILEE** marks the 60 year Jubilee of our parish. The cornerstone for St. Charles Garnier Parish was set on September 11, 1966. We give thanks to God for the presence and service of our parish in the Hamilton community and in our Hamilton Diocese. Celebrations will be forthcoming including our annual pilgrimage to the Martyr's Shrine when we will share the Shrine's 100<sup>th</sup> Jubilee with our 60<sup>th</sup> Jubilee and call upon the intercession of our patron saint, St. Charles Garnier.

**"The Lord has done great things for us;  
we are glad." (Ps.126:3)**

### **SAINT MARIA GORETTI**

**Virgin and Martyr**

**July 6**



St. Maria Goretti is the patron saint of youth, chastity, young women, victims of rape and forgiveness. She is often depicted holding lilies, a symbol of purity. Her story reminds us to hold fast to our faith, even in the worst of circumstances.

St. Maria Goretti forgave her attacker on her deathbed. One night during his 27 years in prison, her attacker dreamt of Maria giving him flowers. Upon awakening, he repented his life of crime and sought the forgiveness of Maria's mother after his release from prison.

St. Maria Goretti.....pray for us!

### **WORLD YOUTH DAY 2027**

The Diocese of Hamilton is blessed to have 82 young pilgrims preparing to travel to Seoul, South Korea next summer as a part of the 45<sup>th</sup> International Celebration of World Youth Day. To learn more about this pilgrimage of faith and how you can support the young people of our Diocese, visit us at: [wyd.hamiltondiocese.com](http://wyd.hamiltondiocese.com).



### **PARISH MOVIE & DINNER NIGHT**

**"LIFE IS BEAUTIFUL"**

**Saturday, July 11, 2026**

**Following the 5:00 p.m. Holy Mass**

**Lasagna Dinner and Movie:\$15/person**

**At St. Charles Parish Hall**

**Tickets are available after every Holy Mass**

**Please invite your family and friends**



### **FR. SAJU VISITS INDIA**

Please keep Fr. Saju in your prayers as he travels to India to spend time with his family. May God watch over him and grant him safe travels as we

look forward to welcoming him back. Safe travel, Fr. Saju, and may God bless you and your family.

We are grateful to Fr. Paul who will celebrate Mass with us while Fr. Saju is away.



### **PARISH PILGRIMAGE**

**CANADIAN MARTYRS SHRINE, MIDLAND, ONTARIO**

**This year is Centennial Anniversary of Canadian Martyrs shrine, A Century of Pilgrimage, Encounter, and Living Faith**

**SATURDAY, JULY 25, 2026**

**TICKETS: \$70 PER PERSON**

**We will be traveling by Canada Coach Bus. Please arrive at St. Charles Garnier Parish by 7:30 a.m.**

**The bus will depart at 8:00 a.m. sharp.**

**We'll return to Hamilton by 7:00 p.m.**



**Healing Mass at the Shrine  
at 1:30 p.m.**

**Celebrated by Fr. Saju.**

**Please bring your own bagged lunch.**

**For more information, contact the parish office:**

**call us: 905 528 0074 or**

**email us: [saintcharlesgarnier505@gmail.com](mailto:saintcharlesgarnier505@gmail.com)**

**PLEASE GET YOUR TICKETS AND SPREAD THE WORD**

**"Your word is a lamp to my feet and a light to my path."**

**Ps. 119:105**